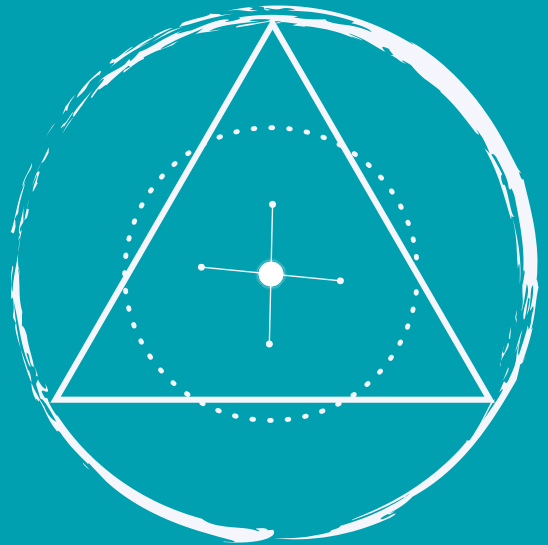
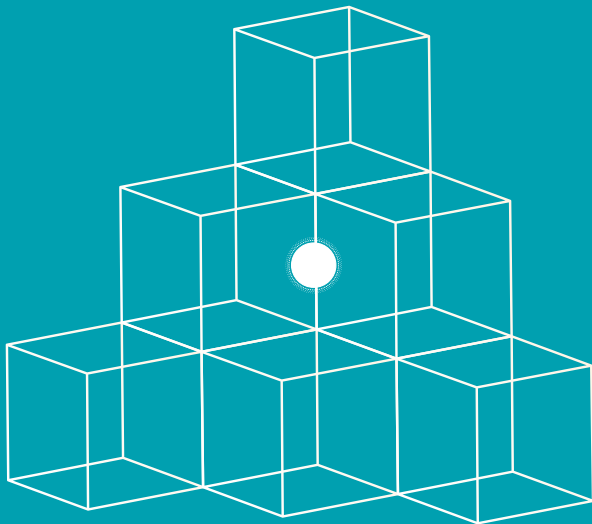
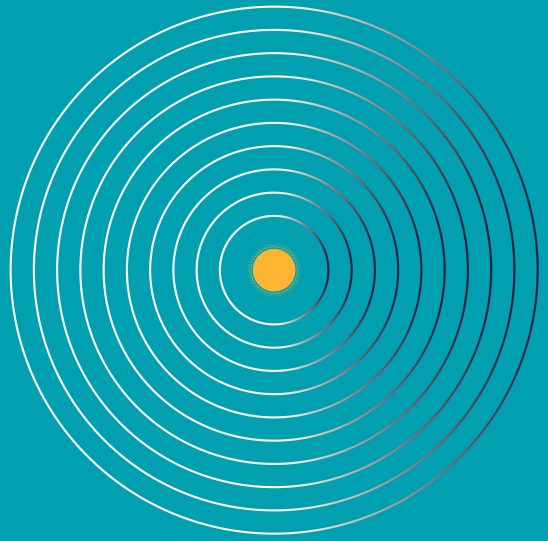


Take The Quiz



**FIND YOUR
REINVENTION
ARCHETYPE!**

DALE DARLEY

Reinvention Archetype Quiz

How FUAF Are You? Discover Your Reinvention Archetype!

Are you feeling stuck, lost, or just fed up as f* with your current reality? You're not alone. Reinvention begins the moment you say, "Enough!" This quiz has been designed to help you assess where you are and help you to move forward.

Instructions for the Fed Up As F.* Quiz

Welcome to the **Fed Up As F**.*** Quiz! This quiz is designed to help you understand where you are in your personal reinvention journey and what you need to move forward with confidence.

How to Take the Quiz:

- Read each question carefully and select the response that best reflects how you feel right now.
- Choose only one answer per question—go with your first instinct rather than overthinking it.
- Answer all 15 questions to get the most accurate result.
- Once you've completed the quiz, click the "See My Archetype" button to reveal your result.

What Happens Next?

Based on your responses, you'll be matched with one of four archetypes:

- Dreamer – You have big ideas but need clarity on your path.
- Seeker – You are navigating uncertainty and searching for direction.
- Builder – You have a vision and need a plan to bring it to life.
- Alchemist – You've begun your transformation and are ready to deepen it.

Each result will provide insights into your current stage and **actionable next steps** to help you move forward.

Ready? Let's Begin!

The Fed-up As F**.* Quiz

1. Which statement best describes your current state of mind?

- A) I have big dreams but feel stuck at the starting line.
- B) I feel lost like I'm floating between my old life and what's next.
- C) I have a vision but need a clear, structured plan to make it real.
- D) I've already begun my transformation, but I want to deepen it.

2. What's your biggest frustration right now?

- A) I have too many ideas but no clear direction.
- B) I feel stuck in uncertainty and afraid to move forward.
- C) I know what I want but don't know how to make it happen.
- D) I'm transforming, but I still hesitate to own my power fully.

3. When faced with change, what is your natural response?

- A) I dream about possibilities but struggle to take action.
- B) I overthink everything and get caught in self-doubt.
- C) I create a plan but hesitate when it's time to act.
- D) I embrace change but want to refine my approach.

4. What's holding you back from fully stepping into the life you want?

- A) I don't even know what I really want yet.
- B) Fear—what if I make the wrong choice?
- C) Overwhelm—I need a solid plan to follow.
- D) Self-doubt—I've changed, but I'm not fully owning it.

5. How do you feel about uncertainty?

- A) It terrifies me—I like to know exactly where I'm going.
- B) It makes me anxious, but I know change is necessary.
- C) I try to plan my way out of it.
- D) I've learned to trust it, but sometimes I still resist.

6. What does success in your reinvention look like?

- A) Gaining clarity on my passions and dreams.
- B) Feeling at peace with the unknown and trusting my next steps.
- C) Building something tangible that reflects my new path.
- D) Fully embodying my transformation and living in deep alignment.

7. How do you handle setbacks?

- A) I struggle with self-doubt and second-guess my path.
- B) I withdraw and try to process before moving forward.
- C) I problem-solve and look for practical solutions.
- D) I trust setbacks are part of the process and keep moving forward.

8. What kind of guidance would help you most right now?

- A) A way to reconnect with forgotten dreams.
- B) A method to navigate uncertainty, trust my heart, and take steps with confidence.
- C) A structured plan with tangible next steps.
- D) Advanced tools to deepen my transformation.

9. When you think about your future, how do you feel?

- A) Excited but unsure where to begin.
- B) Torn between longing for something new and fear of the unknown.
- C) Ready to take action, but I need a clear plan.
- D) Confident, but I want to go deeper.

10. If your heart could whisper one message to you, what would it be?

- A) "Your dreams matter—follow them."
- B) "Trust the unknown; the answers will come."
- C) "It's time to build the life you've been envisioning."
- D) "You are already shifting—step fully into your power."

11. How do you currently approach taking action?

- A) I want to, but I don't know where to start.
- B) I hesitate because I don't feel fully ready.
- C) I am ready but need a clear roadmap.
- D) I take action intuitively and want to deepen my mastery.

12. Imagine you're standing beneath the night sky, looking for your North Star. What do you feel?

- A) Wonder—so many possibilities. Where do I start?
- B) Hesitation—I long to follow the stars but fear losing my way.
- C) Determination—I see my star and want to follow it with a plan.
- D) Power—I feel my connection to the cosmos and am ready to embody my wisdom.

13. What type of support would be most helpful to you right now?

- A) Inspiration and guidance to clarify my dreams.
- B) A way to feel grounded and confident in my choices.
- C) A structured approach with accountability.
- D) Tools to help me fully embody my transformation.

14. What's the next step you need most?

- A) Defining what I truly want.
- B) Letting go of fear and trusting my journey.
- C) Turning my vision into action.
- D) Refining and deepening my transformation.

15. What does reinvention mean to you?

- A) Discovering my purpose and potential.
- B) Learning to trust the unknown and find clarity in my path.
- C) Building a new life aligned with my truth.
- D) Embodying my highest self.

Add up your results:

- A
- B
- C
- D

I wonder what you are? Read on...

The Results

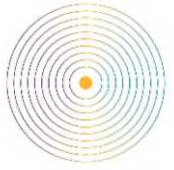
Dreamer



You have big ideas and deep desires, but you feel stuck at the starting line. You crave clarity and inspiration to help you uncover what truly matters to you. Your journey begins with reconnecting with your passions, rediscovering what excites you, and allowing yourself to dream without limitations. It's time to give yourself permission to explore and believe in your vision.

[Discover more here.](#)

Seeker



You are in the space between your old life and what comes next. You feel uncertain, torn between longing for something new and fear of the unknown. Your heart knows change is necessary, but doubts and fears keep you in limbo. Your path is about trusting the process, embracing uncertainty, and allowing clarity to emerge naturally.

[Discover more here.](#)

Builder



You have a vision, and you're ready to take action—but you need a structured plan. You thrive when you have clear steps and accountability. Your reinvention is about translating your ideas into reality, ensuring your goals align with your truth, and taking consistent, purposeful action.

[Discover more here.](#)

Alchemist



You've already begun your transformation, but you're ready to deepen your journey. You've done the inner work, and now it's time to fully own your power. Your focus is on embodiment—living in alignment with your truth, trusting yourself completely, and stepping into your full potential with confidence.

[Discover more here.](#)